

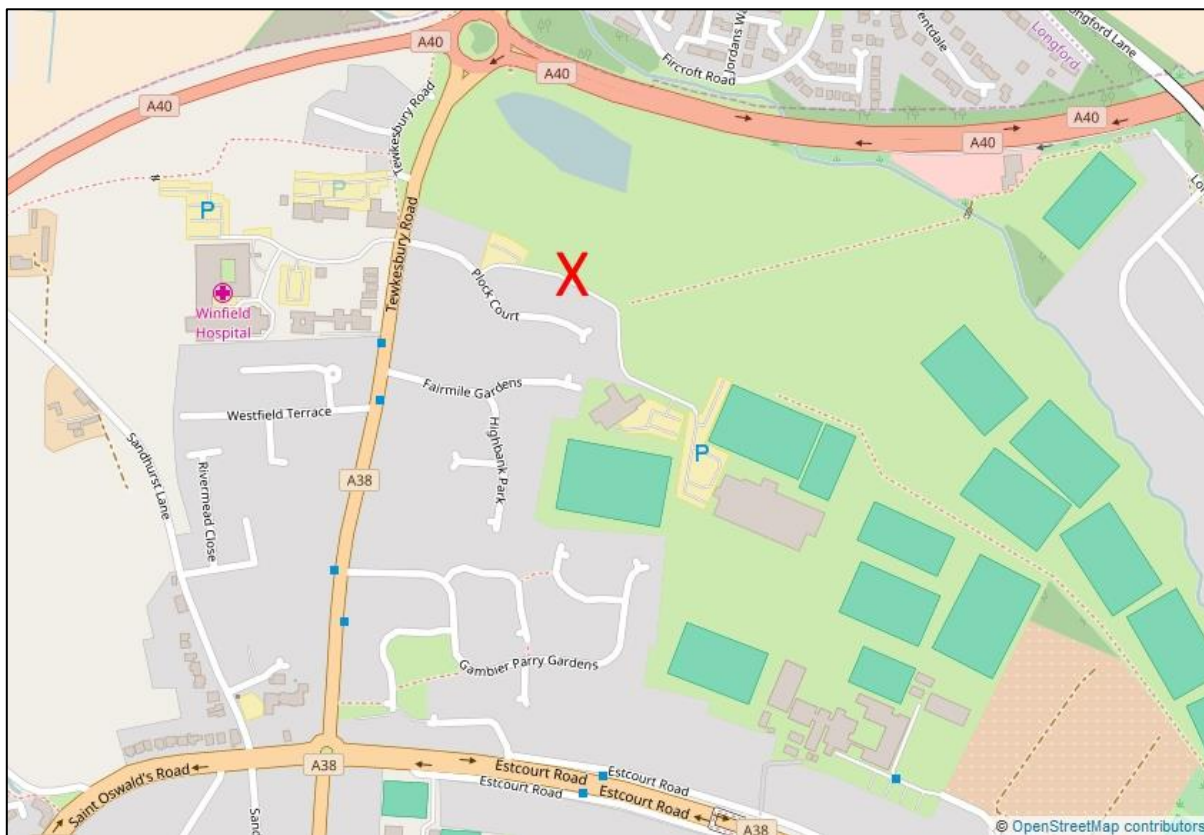
# BIRMINGHAM & DISTRICT INVITATION CROSS COUNTRY LEAGUE

Map & Travel Directions

## Oxstalls Indoor Tennis Centre Plock Court Gloucester

**POSTCODE - GL2 9DW**

\*\*\*\*\*PLEASE ENCOURAGE CAR SHARING AS CAR PARKING SPACE IS LIMITED\*\*\*\*\*



### From M5 Junction 11

1. Take slip road signpost Gloucester (A40). At roundabout take the fourth exit **RIGHT** towards Ross and the Forest of Dean (A40)
2. At the end of the dual carriageway, past the Audi garage on your left, **TURN LEFT** towards Gloucester City Centre
3. Travel about 200 yards, past the Longford Inn Beefeater pub on your right, and **TURN LEFT** (opposite Winfield Hospital) into **PLOCK COURT**. Travel 20 yards and you will see a signpost for Oxstalls Indoor Tennis Centre. Travel along access road and you will see the Indoor Centre in front of you.

### From Cheltenham

Travel along Golden Valley by-pass (A40) towards Gloucester City and at roundabout **TURN RIGHT** (fourth exit) towards Forest of Dean and Ross (A40) and follow the directions as above from point 2.

### From Stroud – follow directions as M5

### From the Forest of Dean

Take the A40 into Gloucester. At the Over roundabout go **STRAIGHT** on towards Cheltenham. At the next roundabout **TURN RIGHT** towards Gloucester City Centre and follow the direction above from point 3.

### From Tewkesbury

Travel along the A38 from Tewkesbury to Gloucester City. At the Longford roundabout go **STRAIGHT ON** towards Gloucester City Centre. And follow the directions above from point 3.

### From Cirencester

Travel along the A417 towards Gloucester and Cheltenham. At the Air Balloon Pub on the left **TURN LEFT** towards Gloucester. On dual carriageway, at the bottom of the hill, take the turning **M5 NORTH – WEST MIDLANDS** and then follow directions from M5 Junction 11 as above.

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# BIRMINGHAM & DISTRICT INVITATION CROSS COUNTRY LEAGUE

START TIME 2:30 PM

## GENERAL COURSE NOTES

Plock Court is a 65 acre maintained playing field. The courses used are all flat grassland.

The area around the wildlife area can get flooded. Courses may adjusted depending on weather/local conditions.

A variety of routes can be used in both directions. The Start/Finish areas may also be adjusted.

All courses used here are usually marked/flagged with flexi sheep post fencing and tape.

The distance of a complete lap is approximately 2 miles.

The course for this race will comprise three laps.

Enquiries to Terry Haines (01452 – 410885)

