

	Name	Club	Time
1	Steve Millward	Gloucester Athletic Club.	32.29
2	Chris Rimmer	Telford AC	32.41
3	Matt Grainger	Kidderminster & Stourport	32.42
4	Craig Walker	Telford AC	32.51
5	Phil Wolfe	Cannock & Staffs	33.01
6	Sam Mitchell	Worcester AC	33.05
7	Ian Furness	Dudley& Stourbridge	33.08
8	Chris Harvey	J Cannock & Staffs	33.12
9	James Houghton	Cannock & Staffs	33.27
10	Toby Spencer	J Solihull & Small Heath.	33.32
11	Lee Slater	Dudley& Stourbridge	33.35
12	Craig Pearson	Cannock & Staffs	33.42
13	Sean Bowden	J Bromsgrove & Redditch	33.59
14	Luke Herbert	Gloucester Athletic Club.	34.02
15	William Joyce	Telford AC	34.06
16	Phil Gould	Kenilworth Runners	34.11
17	Mike Johnson	Kenilworth Runners	34.11
18	Andy Renfrew	Gloucester Athletic Club.	34.28
19	Chris Bagshaw	Telford AC	34.41
20	Nicholas Lyster	J Solihull & Small Heath.	34.46
21	Ian Mansell	Centurion Road Runners	34.49
22	Paul Andrew	Northbrook AC	34.53
23	Paul Waby	Dudley& Stourbridge	34.56
24	Stuart Hopkins	Kenilworth Runners	34.59
25	Simon Lees	Royal Sutton Coldfield	35.03
26	Richard Lucock	Telford AC	35.05
27	Nico Constanti	J Gloucester Athletic Club.	35.06
28	Ashley Miles	Sphinx AC	35.11
29	Paul Thompson	Sparkhill Harriers	35.19
30	Andy Wright	Tamworth AC	35.25
31	Dave Hall	Worcester AC	35.26
32	Darren Riley	Sparkhill Harriers	35.26
33	Mick O' Shea	Northbrook AC	35.28
34	Oliver Harradence	Royal Sutton Coldfield	35.29
35	Steve Lidgate-Taylor	Solihull & Small Heath.	35.31
36	Simon Bond	Royal Sutton Coldfield	35.34
37	Mark Bridges	Royal Sutton Coldfield	35.51
38	Alan Jackson	Kidderminster & Stourport	35.51
39	Nathan Holmes	Northbrook AC	35.53
40	Matt Melia	J Sphinx AC	35.53
41	Stefan Sternkopf	Worcester AC	35.54
42	Jacob Hughes ?	J Tamworth AC	36.01
43	Ivan Pawluk	Worcester AC	36.03
44	Nick Corker	Royal Sutton Coldfield	36.05
45	Ben McDonald	Telford AC	36.06
46	Rob Minton	Stratford upon Avon AC	36.09
47	Calvin Scoltock	Bromsgrove & Redditch	36.11
48	Pat Noonan	Kenilworth Runners	36.13
49	Dave Williams	Tamworth AC	36.16
50	Matt Raden	Stourbridge RC	36.21
51	Ben Davers	Kidderminster & Stourport	36.23
52	Paul Lester	Cannock & Staffs	36.35
53	Andrew De Camps	Gloucester Athletic Club.	36.39
54	Alex Hobson	Kidderminster & Stourport	36.42
55	Graham Birch	Kenilworth Runners	36.51
56	Richard White	Centurion Road Runners	36.54
57	Dave Nation	Dudley& Stourbridge	36.65
58	Dave O' Brian	Worcester AC	36.57
59	Lee Smith	Gloucester Athletic Club.	36.58

	Name	Club	Time
60	Tim Price	Solihull & Small Heath.	36.59
61	Matthew Kingston Lee	Kenilworth Runners	37.01
62	Nick Brooks	Stourbridge RC	37.07
63	Nick Andrews	Telford AC	37.09
64	Fred Tremblay	Royal Sutton Coldfield	37.13
65	Warren Miles	Worcester AC	37.15
66	Connor Carson	Kenilworth Runners	37.18
67	Jeremy Mower	Gloucester Athletic Club.	37.25
68	Phil McCorquodale	J Kenilworth Runners	37.27
69	Danny Tolhurst	Stratford upon Avon AC	37.27
70	Rob Chrzan	Kidderminster & Stourport	37.35
71	Tom Healey	Centurion Road Runners	37.38
72	Kevin Duckworth	Dudley Kingswinford	37.41
73	Tony Hinchley	Royal Sutton Coldfield	37.42
74	Johann Breytenbach	Stratford upon Avon AC	37.43
75	Howard Bush	Tamworth AC	37.44
76	Tom Orton	Tamworth AC	37.47
77	Mark Ingram	Gloucester Athletic Club.	37.48
78	Nick Stringer	Sparkhill Harriers	37.49
79	Tom Delaney	J Sphinx AC	37.53
80	Russell Simpson	Royal Sutton Coldfield	37.57
81	Jamie Dancyger	Bromsgrove & Redditch	38.01
82	Andrew Peach	Worcester AC	38.02
83	John Hosie	Northbrook AC	38.06
84	Mick Williams	Kenilworth Runners	38.09
85	Trevor Cacciocchi	Centurion Road Runners	38.12
86	Lorenzo Fiorletta	Sparkhill Harriers	38.13
87	Andy Poppleton	Worcester AC	38.18
88	Steve Howes	Solihull & Small Heath.	38.21
89	John Fletcher	Royal Sutton Coldfield	38.24
90	Mark Hill	Worcester AC	38.26
91	Ivan Dawes	Dudley & Stourbridge	38.29
92	Steve Smith	Kidderminster & Stourport	38.31
93	Ian Summers	Gloucester Athletic Club.	38.31
94	Ian Satterthwaite	Centurion Road Runners	38.33
95	Phil Bullock	Worcester AC	38.36
96	Peter Bryan	Kenilworth Runners	38.42
97	Malcolm Bowyer	Stratford upon Avon AC	38.45
98	Wayne Muddiman	Centurion Road Runners	38.46
99	Bob Park	Kidderminster & Stourport	38.47
100	Paul Williams	Telford AC	38.52
101	Dale Quinney	Dudley Kingswinford	38.53
102	Phil Anderson	Bromsgrove & Redditch	38.55
103	Keith Hawkes	Stratford upon Avon AC	39.03
104	Patrick Finnegan	Sparkhill Harriers	39.11
105	Gavin Moorhead	Bromsgrove & Redditch	39.17
106	Mark Pearce	Sparkhill Harriers	39.19
107	Mark Carwardine	Centurion Road Runners	39.21
108	Lawrence Fowkes	Worcester AC	39.27
109	Nigel Timms	Sphinx AC	39.31
110	Steve Marklew	Royal Sutton Coldfield	39.37
111	Simon Lanckham	J Bromsgrove & Redditch	39.43
112	Richard Steele	Kenilworth Runners	39.52
113	Adam Wilks	Worcester AC	39.56
114	Derek Gothard	Sparkhill Harriers	39.59
115	Marc Curtis	Centurion Road Runners	40.02
116	Luke Taylor	Tamworth AC	40.03
117	Steve Poulton	Kidderminster & Stourport	40.07
118	Howard Anderson	Northbrook AC	40.11
119	Carl Quinney	Dudley Kingswinford	40.17

	Name	Club	Time
120	Tom Forrester	Worcester AC	40.22
121	Alistair Wakefield	Gloucester Athletic Club.	40.25
122	David Johnson	Sparkhill Harriers	40.26
123	Mark Staves	Dudley& Stourbridge	40.34
124	Malcolm Dawes	Telford AC	40.44
125	Andy Cockerill	Stratford upon Avon AC	40.45
126	Lee Timms	Sphinx AC	40.48
127	Barry O Neill	Sparkhill Harriers	40.52
128	Dave Norman	Dudley Kingswinford	40.53
129	Simon Ralph	Royal Sutton Coldfield	40.54
130	Mark Graham	Bromsgrove & Redditch	40.55
131	John Jenkins	Tamworth AC	40.56
132	Martyn Brunt	Northbrook AC	40.58
133	Craig Hinks	Sparkhill Harriers	41.01
134	Richard Green	Kenilworth Runners	41.02
135	Mark Coyle	Sphinx AC	41.04
136	Trevor Clark	Sphinx AC	41.07
137	Phil Ross	Sparkhill Harriers	41.11
138	Ian Gower	Sphinx AC	41.15
139	Mark Gallimore	Dudley Kingswinford	41.18
140	Tony Hoy	Northbrook AC	41.22
141	Richard French	Northbrook AC	41.23
142	John Wilson	Northbrook AC	41.26
143	Colin Taylor	Sphinx AC	41.26
144	Robert Mills	Sparkhill Harriers	41.36
145	Martin Cole	Worcester AC	41.38
146	Ben Orme	Sphinx AC	41.44
147	Nick Gilkes	Sphinx AC	41.51
148	Tony Haden	Centurion Road Runners	41.51
149	Greg Aagaard	Sparkhill Harriers	41.51
150	Guy Robertson	J Dudley& Stourbridge	42.08
151	Steve Deegan	Tamworth AC	42.14
152	Darren Flavell	Dudley Kingswinford	42.15
153	James Deacon	Stratford upon Avon AC	42.17
154	Paul Roberts	Kidderminster & Stourport	42.22
155	Pete Matthews	Kenilworth Runners	42.24
156	Garry Turner	Centurion Road Runners	42.28
157	Adam Staves	J Dudley& Stourbridge	42.39
158	Martin Jones	Royal Sutton Coldfield	42.43
159	Ian Hopkins	Dudley Kingswinford	42.49
160	Phil Richardson	Bromsgrove & Redditch	42.54
161	Dave Edwards	Gloucester Athletic Club.	42.55
162	Mark Baker	Northbrook AC	42.55
163	Steve Woodward	Dudley Kingswinford	42.56
164	Mick Monaghan	Worcester AC	42.59
165	Paul Hawkins	Stratford upon Avon AC	43.09
166	Chris McCann	Centurion Road Runners	43.15
167	Stuart Grainger	Kidderminster & Stourport	43.17
168	Brian Thornett	Stratford upon Avon AC	43.32
169	Mark Appleton	Bromsgrove & Redditch	43.37
170	Matt James	Tamworth AC	43.42
171	Roger Wilson	Stratford upon Avon AC	43.47
172	John Turner	Stratford upon Avon AC	43.49
173	Dave Jannetta	Gloucester Athletic Club.	44.08
174	Steve Court	Sphinx AC	44.13
175	Tony Jackson	Stratford upon Avon AC	44.15
176	Mark Homer	Dudley Kingswinford	44.16
177	Ian Voaden	Solihull & Small Heath.	44.21
178	David Sheppard	Stourbridge RC	44.44
179	Rob Sannwald	Dudley Kingswinford	44.59

	Name	Club	Time
180	Dave Wolstencroft	Stratford upon Avon AC	45.04
181	Andy Carroll	Sparkhill Harriers	45.15
182	Terry Beddington	Worcester AC	45.18
183	Spencer Hopkins	Bromsgrove & Redditch	45.26
184	Andy Matthews	Centurion Road Runners	45.31
185	Phil Marshall	Stratford upon Avon AC	45.38
186	Mark Hall	Kenilworth Runners	45.46
187	Peter Hill	Stratford upon Avon AC	45.47
188	Graham Lawrence	Solihull & Small Heath.	45.51
189	Paul Loveridge	Gloucester Athletic Club.	46.11
190	Steve Kirk	Stratford upon Avon AC	46.13
191	Chris Auger	Kidderminster & Stourport	46.18
192	Len Quartly	Bromsgrove & Redditch	46.21
193	Geoff Aston	Worcester AC	46.24
194	Luke Watkins	Stratford upon Avon AC	46.39
195	Jack Langman	Northbrook AC	46.39
196	Barry Crowley	Sparkhill Harriers	46.42
197	Dave Hibbitt	Worcester AC	46.52
198	Mark Arnold	Sparkhill Harriers	47.06
199	Steve O'Shea	Northbrook AC	47.09
200	Nigel Fisher	Tamworth AC	47.27
201	Peter Reeves	Sparkhill Harriers	47.39
202	Geoff Jones	Worcester AC	47.44
203	Jamie Graham	J Cannock & Staffs	48.07
204	Ian Clarke	Stourbridge RC	48.12
205	Tom Dable	Kenilworth Runners	48.19
206	Stef Shillington	Kenilworth Runners	49.08
207	John Goulding	Sparkhill Harriers	50.08
208	David Winter	Sparkhill Harriers	50.55
209	Andy Turner	Stratford upon Avon AC	51.08
210	Andy List	Stratford upon Avon AC	51.23
211	Louis Sathathwaite	Centurion Road Runners	51.43
212	Richard Sannwald	Dudley Kingswinford	51.59
213	Paul Buchanan	Kenilworth Runners	54.07
214	David Chapman	Sparkhill Harriers	54.12
215	Colin Bricher	Kenilworth Runners	54.32

Name

Club

Time

TEAM RESULTS AND SCORES TO DATE

							Today's	Prev	Ov'l	Ov'l	
A Teams							Pts	Pts	Pts	Pos	
		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>				
1	Telford AC	2	4	15	19	26	45	111	62	173	1
2	Gloucester AC	1	14	18	27	53	59	172	137	309	2
3	Kenilworth Runners	16	17	24	48	55	61	221	223	444	3
4	Royal Sutton Coldfield	25	34	36	37	44	64	240	366	606	6
5	Worcester AC	6	31	41	43	58	65	244	303	547	4
6	Cannock & Stafford AC	5	8	9	12	52	203	289	288	577	5
7	Kidderminster & Stourport	3	38	51	54	70	92	308	450	758	10
8	Dudley & Stourbridge	7	11	23	57	91	123	312	432	744	9
9	Tamworth AC	30	42	49	75	76	116	388	473	861	11
10	Solihull & Small Heath AC	10	20	35	60	88	177	390	240	630	7
11	Centurion RR	21	56	71	85	94	98	425	440	865	12
12	Northbrook AC	22	33	39	83	118	132	427	444	871	13
13	Sparkhill Harriers	29	32	78	86	104	106	435	563	998	14
14	Bromsgrove & Redditch	13	47	81	102	105	111	459	260	719	8
15	Stratford upon Avon AC	46	69	74	97	103	125	514	531	1045	15
16	Sphinx AC	28	40	79	109	126	135	517	855	1372	16
17	Dudley Kingswinford	72	101	119	128	139	152	711	757	1468	17
18	Stourbridge RC	50	62	178	204	DNF	DNF	DNF	533	DNF	18
B Teams							Today's	Prev	Ov'l	Ov'l	
							Pts	Pts	Pts	Pos	
		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>				
1	Kenilworth Runners	66	68	84	96	112	134	560	657	1217	1
2	Worcester AC	82	87	90	95	108	113	575	814	1389	3
3	Royal Sutton Coldfield	73	80	89	110	129	158	639	799	1438	4
4	Gloucester AC	77	67	93	121	161	173	692	562	1254	2
5	Sparkhill Harriers.	114	122	127	133	137	144	777	1143	1920	5
9	Stratford upon Avon AC	153	165	168	171	172	175	1004	1017	2021	6
6	Centurion RR	107	115	148	156	166	184	876			
7	Sphinx AC	136	138	143	146	147	174	884			
8	Northbrook AC	140	141	142	162	195	199	979			
(Name & Club)		Fixt	Fixt	Fixt	Fixt	Total					
Leading seniors - best of 4		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	Pts					
Matt Grainger	Kidderminster & Stourport AC	5	3			8					
Steve Millward	Gloucester AC	8	1			9					
Phil Wolfe	Cannock & Stafford AC	10	5			15					
Sam Mitchell	Worcester AC	9	6			15					
James Houghton	Cannock & Stafford AC	7	9			16					
						0					
Leading seniors - best of 3		Fixt	Fixt	Fixt	Fixt	Total					
As Above.		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	Pts					
						0					
Leading Juniors Best of 3.		Fixt	Fixt	Fixt	Fixt	Total					
		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	Pts					
Toby Spencer	Solihull & Small Heath	1	2			3					
Sean Bowden	Bromsgrove & Redditch	3	3			6					
Nick Lyster	Solihull & Small Heath	4	4			8					
Nico Constanti	Gloucester AC	5	5			10					
Phil McCorquodale	Kenilworth Runners	7	8			15					